***Code of Conduct for Parents Carers and other Spectators***

• Encourage your child to learn the rules and play within them

• Discourage unfair play and arguing with officials

• Help your child to recognise good performance, not just results

• Never force your child to take part in sport

• Set a good example by recognising fair play and applauding the good performance of all

• Never punish or belittle a child for losing or making mistakes

• Publicly accept officials’ judgements

• Support your child’s involvement and help them enjoy their sport

• Use appropriate language at all times

• Never smoke, consume alcohol or drugs of any kind

***Code of Conduct for Children***

I will:

• Have fun and encourage other participants in a positive manner

• Try hard to keep safe and encourage others to play safely and responsibly

• Do my best to treat everyone with respect and value the help that others give me

• Use equipment for the purpose it is intended

• Listen carefully to those who coach me and act as directed

• Be a good sportsman, act fairly and never deliberately cheat or try to be dishonest

• Always thank officials, coaches, and other players after training and matches

• Ensure that I wear the proper clothing and take plenty of refreshments

• Arrive on time for training or competitions

**I will not:**

• Bully or laugh at other participants either by myself or as part of a group

• Keep quiet about bullying that I see or anything that could make another sports person unhappy

• Swear at, argue with or insult the officials, coaches or other participants

• Smoke, consume alcohol or drugs of any kind

• Disrupt any sessions or activities

**Bullying can be:**

• Physical: Pushing, hitting, kicking, pinching etc.

• Verbal: Name-calling, spreading rumours, constant teasing and sarcasm.

• Emotional: Tormenting, ridiculing humiliating and ignoring.

• Racial: taunts, graffiti and gestures.

• Sexual: Unwanted physical contact or abuse.