



Bromsgrove Walks for Health

Little Heath Circuit

Start point:	Little Heath Garden Centre
Distance:	3 miles approximately
Type of walk:	Field paths, moderate gradients, stiles. May be muddy in parts.
Facilities:	Parking, Refreshments, Toilets.

A good country ramble through woods and across fields, offering some lovely views. The walk offers a great way to begin exploring the countryside which lies so close to Bromsgrove.

Start: From the exit from the garden centre, cross **Littleheath Lane** to the verge opposite. Go left for about 25 metres and turn into lane on the right (public footpath sign in tree).

2) Follow the lane for another 20 metres & then turn left immediately before the house, going alongside the garage to a stile. Cross the stile and follow the track to the gate and stile at the far end.

3) Cross the stile into **Lower Sheppy Lane**, turn right and follow the lane for 40 metres to a footpath signpost in the hedge on the left. Cross the stile and continue ahead with the hedge on your left until you reach the next stile.

4) After crossing the stile continue with the hedge on your left for about 90 metres. Here there is a gap in the hedge and a way mark post. Go through the gap and head diagonally downhill toward the opposite hedge. This brings you to a few steps up to a stile, opening onto a wide track.

5) Turn right onto the track and follow until the track comes to **Spirehouse Lane**.

6) Cross the road and turn left, going uphill until you reach a set of steps going up on the right and a metal signpost to **Burcot** and **Bromsgrove**. Follow this track uphill through the woods until you reach a fenced playing field. Turn right and follow the fence.

7) Continue along the fence to a clearing which gives good views across to **Round Hill**. Continue ahead passing to the left of a large Oak tree and follow the path down the slope. Keep to this path downhill still in the woods until you reach a stile.

8) Cross the stile and follow the fenced path until you reach a stile and signpost on the right. Keep to the path which goes left, the hedge is on your right side. The path widens into a farm track which you follow until you reach the road at **Greenhill** opposite the garden centre.

9) Go right and follow the pavement through **Burcot** village. Go right through the village until you pass the last house on the right (Cottage Barn). Continue until you reach a gap in the hedge on the right (on the opposite side of the road there is a stile and a signpost). Go through the gap, turn right and follow the hedge and fence around the wide field until you reach the hedge at the top.

10) The stile here leads you back onto the narrow path you were following earlier. Turn left and follow the hedge until you reach a kissing gate and signpost on your left. Go through the kissing gate and keeping the hedge on your left follow the hedge until you reach a second kissing gate and steps which will take you down to **Spirehouse Lane**.

11) Turn right and follow the lane and then turn left into **Lower Sheppy Lane**. Follow this lane until you come back to the track with a stile on your left that you came along at the start of the walk. Follow this back past the house & garage to **Littleheath Lane** and the finish.