Health & Safety Guidance for Litter Picking

PLEASE ENSURE YOU FOLLOW ALL CURRENT COVID 19 RESTRICTIONS

If you're organising, or taking part in a clean-up, please follow these safety tips:

1. Take a phone with you and let others know where you are going
2. Wear appropriate clothing and footwear
3. Only work during daylight hours and never walk in the road
4. Do not walk along any of the highways (dual carriageways/main roads)
5. Be aware of traffic at all times
6. Do not pick up litter with your hands
7. Cover all cuts before you start litter picking
8. Beware of back strain or wrist strain when bending down or using a litter picking stick
9. Take extra care on wet or uneven surfaces
10. Consider wearing luminous or brightly coloured clothing
11. Don't overfill bags or carry anything too heavy
12. Do not enter any water to retrieve litter
13. Do not go into any area which is dangerous or where you feel threatened

If you come across any of the following items, do not attempt to remove them. If you are with other people, alert them. Please call us on the number below to report the items.

- **Syringes, hypodermic needles, knives and blades**
- **Suspected toxic/hazardous substances**
- **Dog fouling**
- **Dead animals**
- **Broken Glass**
- **Large items i.e pallets, multiple black bags, furniture.**
- **Anything you are unsure of**

Monday – Friday 9am-5pm 01527 881188

Out of Hours 01527 871565

Your Place Team Coordinator is ……

Tel……..